

'Meeting the challenges of working with Non-Epileptic Attack Disorder'

One day joint training event by the British Chapter of the ILAE &

the Sheffield Specialist Neurology Psychotherapy Service

Date: Thursday 26th April 2018, 9.30am to 16.30pm, lunch from 13:00-14:00

Place: Mercure St Paul's Hotel, Sheffield

Format: One-day meeting with coffee breaks morning and afternoon and 1 hour for lunch

Cost:

- £175 for doctors
- £145 for nurses / psychologists / therapists
- £95 for students
- £25 discount for fully paid up ILAE members and Early bird bookings before 28th February

Target audience to include any health care professionals working with patients with NEAD:

Consultant Neurologists and SPR's, Specialist Nurses, Clinical Psychologists, Psychotherapists, Occupational Therapists, Physiotherapists, GPs with a Special Interest in Epilepsy

Speakers:

Jon Stone, Consultant Neurologist & Honorary Reader in Neurology, Centre for Clinical Brain Sciences, Edinburgh.

Richard Brown, Clinical Senior Lecturer in Psychology, Division of Psychology & Mental Health, University of Manchester.

Markus Reuber, Professor of Clinical Neurology & Honorary Consultant Neurologist, Academic Neurology Unit, University of Sheffield.

Richard Grunewald, Consultant Neurologist & Honorary Senior Lecturer, Department of Neurology, Sheffield Teaching Hospitals NHS Foundation Trust.

Aimee Morgan Boon, Neurology Psychotherapy Manager, Department of Neurology, Sheffield Teaching Hospitals NHS Foundation Trust.

Cordelia Gray, Kirsty Vickerman, Clare Donnelly, Jayne Acraman, Sarah Nicholson and Rebecca Murray-Leslie, Specialist Psychotherapists, Neurology Psychotherapy Service, Department of Neurology, Sheffield Teaching Hospitals NHS Foundation Trust.

The morning session (9.30 – 13.00) for all attendees.

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| 9.00-9.30 | Registration |
| 9.30-9.35 | Welcome and introduction (Aimee Morgan-Boon & Markus Reuber) |
| 9.35-10.10 | Nonepileptic Attack Disorder in the context of functional neurological symptom disorder (Jon Stone) |
| 10.10-10.45 | Why and how psychotherapy can work for Nonepileptic Attack Disorder (Richard Brown) |
| 10:45-11:00 | Coffee break |
| 11:00-11:30 | The challenge of patient engagement from a psychotherapeutic perspective (Cordelia Gray) |
| 11:30-12:00 | Treatment outcomes: expectations, aims, measures (Aimee Morgan-Boon) |
| 12:00-12:30 | Always ask about trauma? A debate (Richard Grunewald, Markus Reuber) |
| 12.30-13.00 | A Patient Experience of Psychotherapy – An Interview (Kirsty Vickerman) |

The afternoon session will focus on treatment and management approaches and will be delivered in two separate but concurrent interactive sessions – one tailored towards those working in a medical capacity, the other for those working in a therapeutic capacity. Topics covered will include:

Meeting the challenges for diagnosticians / medics treating patients with NEAD

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| 14.00-14.30 | The diagnostic process & how to manage uncertainty (Markus Reuber) |
| 14.30-15.15 | Explaining the diagnosis (Jon Stone & Richard Grunewald) |
| 15.15-15.30 | Break for tea |
| 15.30-16.15 | Following up patients with NEAD: medication / comorbidities / what to do if nothing works (case based discussions with Markus Reuber, Richard Grunewald & Richard Brown) |
| 16.15-16.30 | Questions and closing |

Meeting the challenges for psychological treatment providers for patients with NEAD

- 14.00 – 14.45 Formulating for Psychotherapy (Jayne Acraman and Clare Donnelly)
- 14.45-15.15 Working with Groups (Sarah Nicholson and Kirsty Vickerman)
- 15.15-15.30 Break for tea
- 15.30-16.15 Seizure Management and Stabilisation Techniques (Cordelia Gray and K Vickerman)
- 16.15-16.30 Questions and closing

For a booking form and more information about the course:

Contact Roy Indrasenan, neurologypsychotherapyadmin@sth.nhs.uk